

ELIGIBILITY

for Microblading & Tattoo Eyeliner

NOT ELIGIBLE FOR MICROBLADING:

- *UNDER 18 YEARS OLD
- *PREGNANT/BREAST FEEDING
- *COMPROMISED IMMUNE SYSTEM
- *EASY BLEEDING
- *SKIN DISORDERS PRESENT ON THE FACE:
ECZEMA, DERMATITIS, ROSACEA, PSORIASIS
- *CURRENT SKIN INFECTIONS

MUST WAIT 2 WEEKS TO BOOK AN APPOINTMENT IF YOU HAVE HAD THE FOLLOWING:

- *BROW WAXING OR TINTING
- *TAN BY SUN OR BOOTH

MUST WAIT 4 WEEKS TO BOOK AN APPOINTMENT IF YOU HAVE HAD THE FOLLOWING:

- *BOTOX OR FILLERS
- *CHEMICAL PEELS
- *MICRODERMABRASION
- *USING SKIN CARE PRODUCTS: RETIN-A, GLYCOLIC ACID, ALPHA HYDROXY ACID, ACNE CREAMS/GELS (ACCUNTAINE: WAIT ONE YEAR)
- *EYE INJURY

MUST WAIT 3-6 MONTHS TO BOOK AN APPOINTMENT IF YOU HAVE HAD THE FOLLOWING:

- *FACIAL COSMETIC OR SURGICAL PROCEDURES
- *LATISSE OR EYELASH GROWTH SERUMS (FOR LASH ENHANCEMENTS ONLY)

NEEDS DOCTOR'S WRITTEN CONSENT:

- *DIABETES
- *TAKING BLOOD THINNERS
- *ABNORMAL HEART CONDITION
- *CANCER/CHEMOTHERAPY

OTHER:

*CONTACT LENSES (WEAR GLASSES TO APPOINTMENT)

*COLD SORES (WAIT UNTIL OUTBREAK IS HEALED)

*OILY SKIN (I CAN ASSESS THE SKIN, MANY PEOPLE THINK THEY HAVE OILY SKIN WHEN THEY ACTUALLY DO NOT. MICROSHADING SERVICE IS RECOMMENDED)

*TAKING OTC BLOOD THINNERS: ASPIRIN, IBUPROFEN, FISH OIL, ALCOHOL, CAFFEINE ETC. STOP USING 24 HOURS BEFORE APPOINTMENT. IF YOU ARE ON PRESCRIPTION BLOOD THINNERS, ASK YOUR DOCTOR BEFORE STOPPING ANY MEDICATIONS

*ALLERGY TO LIDOCAINE OR EPINEPHRINE (NUMBING CREAM MAY NOT BE USED. IT WILL BE SLIGHTLY MORE PAINFUL)

*KELOIDS (MICROSHADING SERVICE OK)

*ALLERGIES TO METALS OR FOODS (A PATCH TEST IS RECOMMENDED)

*IF YOU HAVE HAD MICROBLADING DONE BY ANOTHER ARTIST, PLEASE CONTACT ME FIRST TO SET UP A CONSULT

FAQ

HOW LONG DOES IT TAKE TO HEAL?

IT USUALLY TAKES 7-10 DAYS FOR THE SCABS TO FORM AND PEEL OFF. THE PIGMENT WILL THEN TAKE TIME TO SETTLE INTO THE SKIN, FOR A TOTAL OF ABOUT A MONTH BEFORE THE PROCEDURE IS CONSIDERED COMPLETE.

DOES IT HURT?

SINCE EVERYONE'S PAIN THRESHOLD IS DIFFERENT, IT'S IMPOSSIBLE TO PROVIDE A DIRECT ANSWER. HOWEVER, A TOPICAL ANESTHETIC IS ALWAYS APPLIED PRIOR TO AND DURING THE PROCEDURE TO RELIEVE DISCOMFORT.

HOW LONG DOES IT LAST?

UNLIKE A TATTOO, PERMANENT MAKEUP FADES OVER TIME AND TOUCH UPS ARE EXPECTED AND NECESSARY TO MAINTAIN YOUR DESIRED RESULTS. THE FADING RATE DEPENDS ON LIFESTYLE, SKIN TYPE, METABOLISM, AGE MEDICATIONS AND SUN EXPOSURE. FOR BEST RESULTS, IT IS ESSENTIAL TO FOLLOW THE BEFORE & AFTER CARE AND DO A TOUCH UP 6-10 WEEKS AFTER YOUR INITIAL APPOINTMENT. PLEASE NOTE THAT RESULTS VARY AND CANNOT BE GUARANTEED.

DO I NEED A TOUCH-UP?

MOST LIKELY! THE COLOR WILL FADE 20-50% WHEN THE SCABS FALL OFF AND THE TATTOO MIGHT LOOK PATCHY AND UNEVEN. AFTER 6-10 WEEKS, A FOLLOW-UP APPOINTMENT IS DONE. I WILL ASSESS THE HEALED BROWS AND MAKE ANY SMALL ADJUSTMENTS.

HOW LONG DOES THE PROCEDURE TAKE?

IT TAKES ABOUT THREE HOURS.

DO I NEED TO TAKE A DAY OFF WORK?

*MICROBLADING: YOU MAY RESUME NORMAL ACTIVITY IMMEDIATELY FOLLOWING THE PROCEDURE. REDNESS WILL SUBSIDE IN 1-2 DAYS. EYEBROWS MAY APPEAR DARKER INITIALLY.

*EYELINER: SWELLING AND REDNESS USUALLY STARTS RIGHT AFTER THE PROCEDURE AND CAN LAST UP TO 3 DAYS.

WHAT CAN'T I DO AFTER THE PROCEDURE?

AVOID SWEATY EXERCISES SUCH AS SAUNAS, HOT YOGA, AND SWIMMING FOR 10-14 DAYS. WHEN SCABS FORM DO NOT PICK, PULL OR RUB THEM IT IS STILL OKAY TO WASH YOUR HAIR AND FACE, BUT DO NOT SUBMERGE TATTOO ENTIRELY IN WATER. NO MAKEUP ON THE AREA UNTIL THE SCABS COMPLETELY FALL OFF.

HOW DO I EXTEND THE LIFE OF THE PROCEDURE?

IF YOU APPLY SUNBLOCK REGULARLY (EYEBROWS ONLY) AND AVOID ABRASIVE TREATMENTS ON THE AREAS, THEY WILL WILL LAST LONGER.

WHAT COLOR WILL I GET?

*MICROBLADING: THE COLOR WILL BE AS CLOSE TO YOUR NATURAL EYEBROW HAIR AS POSSIBLE, UNLESS A DIFFERENT SHADE IS DESIRED.

*TATTOO EYELINER: I USE BLACK OR BROWNISH-BLACK.

I HAVE HAD PREVIOUS PERMANENT MAKEUP DONE BEFORE, CAN I STILL BOOK AN APPOINTMENT?

SOMETIMES. PLEASE CONTACT ME TO SET UP A CONSULT.

DO YOU HAVE TO SHAVE OFF MY OWN EYEBROWS?

NO. A FEW HAIRS ARE REMOVED TO CREATE A CLEAN AND AESTHETICALLY PLEASING RESULT WHEN SHAPING THE BROW.

HOW DO I BOOK AN APPOINTMENT?

GO TO THE "APPOINTMENTS" TAB, READ THE "ELIGIBILITY" FORM AND CLICK "BOOK NOW."

PLEASE CONTACT ME IF YOU HAVE ANY ADDITIONAL QUESTIONS!

Microblading Before Care

STOP 4 WEEKS BEFORE YOUR APPOINTMENT

*BOTOX

*CHEMICAL PEELS

*MICRODERMABRASION

*LIP FILLERS/RESTYLANE/JUVÉDERM

*USING SKIN CARE PRODUCTS: RETIN-A, GLYCOLIC ACID, ALPHA HYDROXY ACID, ACNE CREAMS/GELS (ORAL ACNE MEDICATIONS SUCH AS ACCUTANE WAIT ONE YEAR AFTER STOPPING)

*EYELID/EYE SURGERY/INJURY/CORNEAL ABRASION

*BROW LIFT/FACE LIFT

STOP 2 WEEKS BEFORE YOUR APPOINTMENT

*BROW WAXING, TINTING, OR THREADING (THE MORE NATURAL HAIR GROWTH YOU HAVE, THE BETTER!

*TAN BY SUN OR BOOTH

STOP 24 HOURS BEFORE YOUR APPOINTMENT

*TAKING BLOOD THINNERS SUCH AS: ASPIRIN, IBUPROFEN, FISH OIL, ALCOHOL, CAFFEINE ETC. PLEASE ASK YOUR DOCTOR BEFORE STOPPING ANY PRESCRIPTION MEDICATIONS.

PLEASE WEAR YOUR NORMAL MAKE-UP TO THE APPOINTMENT!

Eyeliner Tattoo Before Care

- IT IS RECOMMENDED TO EAT SOMETHING BEFORE YOUR APPOINTMENT TO MAKE SURE YOUR BLOOD SUGAR LEVELS STAY STABLE DURING THE PROCEDURE.
- NO EXCESSIVE ALCOHOL OR CAFFEINE CONSUMPTION 24 HOURS BEFORE YOUR PROCEDURE. ALCOHOL AND CAFFEINE CAN THIN THE BLOOD, WHICH CAUSES THE SKIN TO BE HYPERSENSITIVE, HAVE POOR PIGMENT RETENTION AND BLEED/BRUISE MORE EASILY.
- AVOID SUN TANNING ONE WEEK PRIOR TO THE PROCEDURE.
- AVOID BLOOD THINNING MEDICATIONS FOR 24 HOURS BEFORE THE PROCEDURE. THIS INCLUDES ASPIRIN, NIACIN (VITAMIN B3), VITAMIN E OR ADVIL/IBUPROFEN, FISH OILS TABLETS. PLEASE CONSULT YOUR PHYSICIAN IF THIS IS AN ISSUE.
- EYELASH EXTENSIONS SHOULD BE REMOVED 3 DAYS PRIOR TO THE PROCEDURE.
- NO EYELASH PERM AND/OR TINTING AT LEAST 1 WEEK PRIOR.
- DISCONTINUE RETIN-A ONE WEEK PRIOR TO THE PROCEDURE.
- NO BOTOX AROUND THE EYE AREA 2 WEEKS PRIOR.
- EYELASH GROWTH SERUMS LIKE LATISSE DISCONTINUE THE USE OF THESE PRODUCTS AT LEAST 3-6 MONTHS BEFORE YOUR TREATMENT.
- DO NOT WEAR ANY EYE MAKEUP ON THE DAY OF YOUR APPOINTMENT.
- IF YOU WEAR CONTACT LENSES, PLEASE WEAR GLASSES ON THE DAY OF YOUR APPOINTMENT.

Microblading Aftercare

FOLLOW THE INSTRUCTIONS BELOW FOR THE NEXT 7 DAYS OR UNTIL SCABS ARE COMPLETELY GONE.

- FIRST 1-2 HOURS: FOLLOWING YOUR MICROBLADING PROCEDURE, LIGHTLY DAB EYEBROWS WITH DRY GAUZE (PROVIDED) OR UNTIL LYMPHATIC FLUID IS NO LONGER PRESENT.
- AFTER 4-5 HOURS: WASH EYEBROWS WITH SOAP PROVIDED (INSTRUCTIONS BELOW).
- 2X DAILY: USING ONE PUMP OF THE PROVIDED FOAM SOAP, GENTLY WASH THE EYEBROW AREA WITH LUKEWARM WATER IN THE DIRECTION OF HAIR GROWTH. PAT DRY WITH A CLEAN PAPER TOWEL.
- 2-3X DAILY: APPLY A TINY RICE SIZE AMOUNT OF THE PROVIDED AFTERCARE LOTION (THIS IS ENOUGH FOR BOTH BROWS). NEVER PUT THE PRODUCT ON WET EYEBROWS. USE THIS FOR 10 DAYS.
- KEEP EYEBROWS DRY (AVOID THEM BEING SUBMERGED IN WATER FOR TOO LONG, EX: SWIMMING OR SAUNA. A QUICK SHOWER OR WASHING FACE IS FINE, JUST AVOID CONSTANT WATER RUNNING OVER THE EYEBROW AREA).
- NO SWEATY EXERCISING, TANNING, WAXING, OR THREADING. NO MAKEUP, EYEBROW PENCIL, LOTION (AFTERCARE LOTION PROVIDED), OR OTHER FACIAL PRODUCTS UNTIL THE BROWS ARE COMPLETELY HEALED.
- FOR 4 WEEKS AFTER THE PROCEDURE, AVOID DIRECT SUN EXPOSURE OR TANNING. WHEN OUTDOORS, WEAR A HAT.

WHAT TO EXPECT (DAYS MAY VARY FOR EVERYONE):

- IMMEDIATELY AFTER, SHAPE MAY APPEAR UNEVEN DUE TO SWELLING. DAY 1-3: EYEBROWS WILL APPEAR DARKER AND THICK.
- DAY 4-7: EYEBROWS WILL BE DRY AND ITCHY. DO NOT SCRATCH, RUB OR PICK AT THEM. THEY MAY START TO SCAB, CRACK, OR FLAKE OFF. EYEBROWS WILL LOOK PATCHY AND UNEVEN DURING THE HEALING PROCESS. IT IS NORMAL AND CRUCIAL TO LEAVE THEM ALONE. PLEASE DON'T PANIC.
- DAY 7-10: SCABS SHOULD BE ALL GONE (SOME CAN TAKE UP TO 3 WEEKS). SOMETIMES EYEBROWS WILL APPEAR AS IF THERE IS NO COLOR. THE REMAINING COLOR HAS ABSORBED UNDER THE LAYER OF SKIN AND IN THE FOLLOWING WEEK, IT WILL RESURFACE AS SKIN CELLS REPAIR.
- WEEK 3-4: EYEBROWS WILL APPEAR THEIR TRUE COLOR. EYEBROWS MIGHT STILL LOOK PATCHY OR HAVE AN UNEVEN SHAPE. SOME RARE CASES, THE PIGMENT DOES NOT RETAIN WELL.
- WEEK 6-10: COME BACK FOR A TOUCH UP. ANY SMALL CORRECTIONS CAN BE MADE AT THIS VISIT. WHAT TO EXPECT (DAYS MAY VARY FOR EVERYONE):

PLEASE NOTE: DIFFERENT SKIN TYPES AFFECT THE ATTACHMENT OF COLOR TO THE SKIN, SO MOST CLIENTS NEED TWO SESSIONS. FOLLOWING AFTERCARE INSTRUCTIONS CAN HELP PREVENT INFECTION, PIGMENT LOSS, OR DISCOLORATION. AFTER HEALED, AVOID USING RETINOL PRODUCTS AND OILS DIRECTLY ON EYEBROWS AND FOREHEAD AREA. I WILL BE AVAILABLE TO ANSWER ANY QUESTIONS YOU MAY HAVE AFTER YOUR PROCEDURE.

Eyeliner Tattoo Aftercare

- IMMEDIATELY WHEN YOU GET HOME AFTER THE PROCEDURE: WITH FRESHLY WASHED HANDS, USE ONE PUMP OF THE SOAP PROVIDED, AND GENTLY WASH AND RINSE (WITH LUKEWARM WATER) ANY PIGMENT RESIDUE ON AND AROUND THE EYES. PAT DRY GENTLY WITH A CLEAN PAPER TOWEL. WAIT 5-10 MIN UNTIL THE AREA IS DRY AND APPLY THE OINTMENT PROVIDED (OMIT FOR LASH LINE ENHANCEMENTS).
- 2X DAILY FOR 1 WEEK (MORNING & NIGHT): REPEAT WASHING STEPS FROM ABOVE.
- SWELLING, REDNESS & STINGING IS NORMAL FOR THE FIRST FEW DAYS, ESPECIALLY IN THE MORNING. IT IS OK TO USE A SOFT GEL ICE PACK FOR A FEW MINUTES (I RECOMMEND PLACING A CLEAN PAPER TOWEL OR GAUZE BETWEEN THE ICE PACK AND EYES).
- EXERCISING THE EYES CAN HELP REDUCE SWELLING AND PUFFINESS. TRY BLINKING ACTIVELY FOR 2 MINUTES WHEN YOU WAKE UP.
- THE EYELINER WILL IMMEDIATELY START LOOKING DARK AND THICK. PLEASE BE PATIENT AND TRUST THE PROCESS!
- A FEW DAYS LATER, SCABS WILL FORM. SCABS USUALLY TAKE 1-2 WEEKS TO PEEL OFF. DO NOT PICK OR PEEL THEM OFF PREMATURELY. AS THE SKIN HEALS, THEY WILL FALL OFF IN RANDOM PIECES AND YOUR EYELINER MIGHT LOOK PATCHY. IF YOU PULL OFF SCABS THAT ARE HANGING ON YOUR LASHES, ENSURE THAT THEY ARE SOFT ENOUGH TO SLIDE OFF. YOU CAN USE A CLEAN MASCARA BRUSH TO HELP.
- THE COLOR WILL FADE APPROXIMATELY 10-50% LIGHTER WHEN THE SCABS FALL OFF. THIS IS COMPLETELY NORMAL. DO NOT FEEL DISCOURAGED IF THE FADING IS MORE THAN YOU EXPECTED.
- TO ACHIEVE THE PERFECT EYELINER, WE NEED TO SEE HOW YOUR SKIN ACCEPTS THE INITIAL PROCEDURE AND RECOMMEND A 6-10 WEEK TOUCH UP APPOINTMENT.